



TERM 2 TIMETABLE

DOWNSTAIRS STUDIO - MORNINGTON Monday 5th March to Sunday 6th May 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					9am BEGINNERS POLE Course Emma	
					10AM INTER STATIC POLE Course Emma	
3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10		
6.30PM ADV 3 STATIC POLE Course Emma	6.30PM ADV 3 SPIN POLE Course Maddy	6.30PM ADV 2 SPIN POLE Course Maddy	6.30PM INTER STATIC POLE Course Emma			
7.30PM INTER STATIC POLE Course Emma	7.30PM ADV 1 STATIC POLE Course Allira	7.30PM ELITE POLE Course Emma	7.30PM ADV 2 STATIC POLE Course Emma			
8.30PM ADV 2 STATIC POLE Course Emma	8.30pm INTER STATIC POLE Course Allira	8.30PM ADV 1 STATIC POLE Course Maddy	8.30PM ADV 1 SPIN POLE Course Emma			

UPSTAIRS STUDIO - MORNINGTON Monday 5th March to Sunday 6th May 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					9-12.30pm PRACTICE TIME \$10	
3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10		
6.30PM BEGINNERS POLE Course Sarsha	6.30PM STRETCH TECHNIQUE Casual Allira	6.30PM BEGINNERS POLE Course Emma				
7.30pm BEGINNERS SPIN Course Sarsha	7.30PM POLE POWER Casual Maddy	7.30PM POLE MOVES Casual Maddy	7.30PM BEGINNERS POLE Course Davina			
8.30PM BEGINNERS POLE Course Sarsha	8.30PM INTER SPIN POLE Course Maddy		8.30PM CORE POWER Casual Davina			



TERM 2 TIMETABLE

AERIAL STUDIO - MORNINGTON Monday 5th March to Sunday 6th May 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				10AM STRETCH TECHNIQUE Casual Mel	9-12.30pm PRACTICE TIME \$10	
3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10		
6.30PM LYRA BASICS Casual Raelene	6.30PM INTER 3 LYRA Course Mel	6.30PM BEGINNER LYRA Course Davina				
7.30PM ADV 1 LYRA Course Raelene	7.30PM BEGINNER LYRA Course Mel	7.30PM INTER 1 LYRA Course Davina	7.30PM ADV 3 LYRA Course Lauren			
8.30PM INTER 2 LYRA Course Raelene	8.30PM INTER 1 LYRA Course Mel		8.30PM ADV 2 LYRA Course Lauren			

PRICES

- ♥ SINGLE 8 WEEK COURSE: \$240
- ♥ EXTRA 8 WEEK COURSE: \$190
- ♥ POLE/AERIAL GOALS PACKAGE: \$450
2 courses and unlimited Practice Time
- ♥ CASUAL CLASSES: \$30
- ♥ INTRO SPECIAL: \$50
5 casual classes within 2 weeks
- ♥ WORKSHOPS:
1.5hr: \$45

WORKSHOPS

- ♥ STRETCH TECHNIQUE
SATURDAY 24th MARCH 9.30-11AM with Mel
- ♥ AERIAL TRICKS N' MOVES
SATURDAY 24th MARCH 11AM-12.30PM with Mel
- ♥ POLE TRICKS N' MOVES
SATURDAY 7TH APRIL 11AM-12.30PM
- ♥ BEYONSLAY
SATURDAY 14TH APRIL 11AM-12.30PM with Maddy
- ♥ SPECIAL INTERNATIONAL GUEST- NATASHA WANG
SATURDAY 28TH APRIL- DETAILS TBC- Ask our Desk Divas.