



TERM 1 TIMETABLE

DOWNSTAIRS STUDIO - MORNINGTON Monday 8th January to Sunday 4th March 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					9am BEGINNERS POLE Course Emma	
					10AM INTER STATIC POLE Course Emma	
3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10		
6.30PM ADV 3 STATIC POLE Course Emma	6.30PM ADV 1 SPIN Course Emma	6.30PM ADV 2 SPIN Course Maddy	6.30PM INTER STATIC POLE Course Davina			
7.30PM INTER STATIC POLE Course Emma	7.30PM ADV 2 STATIC POLE Course Emma	7.30PM ELITE POLE Course Maddy	7.30PM ADV 2 STATIC POLE Course Allira			
8.30PM ADV 1 STATIC POLE Course Emma	8.30PM ADV 3 SPIN POLE Course Maddy	8.30PM INTER STATIC POLE Course Emma	8.30PM ADV 1 STATIC POLE Course Allira			

UPSTAIRS STUDIO - MORNINGTON Monday 8th January to Sunday 4th March 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					9-12.30pm PRACTICE TIME \$10	
3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10		
6.30PM BEGINNERS POLE Course Sarsha	6.30PM INTER SPIN Course Maddy	6.30PM BEGINNERS POLE Course Emma				
7.30pm BEGINNERS SPIN Course Sarsha	7.30PM POLE POWER Casual Maddy	7.30PM POLE MOVES Casual Emma	7.30PM BEGINNERS POLE Course Davina			
8.30PM BEGINNERS POLE Course Sarsha		8.30PM OPEN PRIVATE Casual Maddy				



TERM 1 TIMETABLE

AERIAL STUDIO - MORNINGTON
Monday 8th January to Sunday 4th March 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				10AM STRETCH TECHNIQUE Casual Mel	9-12.30pm PRACTICE TIME \$10	
3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10	3-6.30pm PRACTICE TIME \$10		
6.30PM AERIAL POWER Casual Raelene	6.30PM BEG HOOP Course Mel	6.30PM INT 1 HOOP Course Davina	6.30PM STRETCH TECHNIQUE Casual Allira			
7.30PM INTER 3 HOOP Course Raelene	7.30PM INT 1 HOOP Course Mel	7.30PM BEG HOOP Course Davina	7.30PM ADV 2 HOOP Course Lauren			
8.30PM ADV 1 HOOP Course Raelene	8.30PM INT 2 HOOP Casual Mel	8.30PM HOOPSATIONS Casual Davina	8.30PM ADV 3 HOOP Course Lauren			

PRICES

- ♥ SINGLE 8 WEEK COURSE: \$240
- ♥ EXTRA 8 WEEK COURSE: \$190
- ♥ POLE/AERIAL GOALS PACKAGE: \$450
2 courses and unlimited Practice Time
- ♥ CASUAL CLASSES: \$30
- ♥ INTRO SPECIAL: \$50
5 casual classes within 2 weeks
- ♥ WORKSHOPS:
1.5hr: \$45

WORKSHOPS

- ♥ **DOUBLE TROUBLE - AERIAL HOOP**
SATURDAY 18TH NOVEMBER 10.30AM-12PM with Mel and Shannon
- ♥ **TRICKS N' MOVES**
SATURDAY 25TH NOVEMBER 11AM-12.30PM with Em

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