

TERM 3 TIMETABLE

Monday 7th May - Sunday 1st July 2018

DOWNSTAIRS STUDIO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00 AM						BEGINNERS STATIC 8 Week Course Emma	
10:00 AM						INTERMEDIATE STATIC 8 Week Course Emma	
11:00 AM							
3:00 PM	PRACTICE TIME	PRACTICE TIME	PRACTICE TIME	PRACTICE TIME	PRACTICE TIME		
6:30 PM	ADVANCED 3 STATIC 8 Week Course Emma	ADVANCED 3 SPIN 8 Week Course Maddy	ADVANCED 2 SPIN 8 Week Course Maddy	INTERMEDIATE STATIC 8 Week Course Emma			
7:30 PM	INTERMEDIATE STATIC 8 Week Course Emma	ADVANCED 1 STATIC 8 Week Course Allira	ELITE 8 Week Course Emma	ADVANCED 2 STATIC 8 Week Course Emma			
8:30 PM	ADVANCED 2 STATIC 8 Week Course Emma	INTERMEDIATE STATIC 8 Week Course Allira	ADVANCED 1 STATIC 8 Week Course Maddy				

UPSTAIRS STUDIO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00 AM						PRACTICE TIME	
10:00 AM						PRACTICE TIME	
12:30 PM							
3:00 PM	PRACTICE TIME	PRACTICE TIME	PRACTICE TIME	PRACTICE TIME	PRACTICE TIME		
6:30 PM	BEGINNERS STATIC 8 Week Course Sarsha		BEGINNERS STATIC 8 Week Course Emma				
7:30 PM	BEGINNERS SPIN 8 Week Course Sarsha	POLE CONDITIONING Casual Class Maddy	POLE MOVES Casual Class Maddy	BEGINNERS STATIC 8 Week Course Davina			
8:30 PM	BEGINNERS STATIC 8 Week Course Sarsha	INTERMEDIATE SPIN 8 Week Course Maddy		CORE CONDITIONING Casual Class Davina			



POLE & AERIAL DIVAS



zipPay™

AVAILABLE MIN \$50 SPEND

** Concession rate applies for students, weekday morning classes as marked**

(Must show student ID). All classes subject to change.

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AERIAL STUDIO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00 AM						PRACTICE TIME	
10:00 AM					STRETCH TECHNIQUE Casual Class Mel	PRACTICE TIME	
12:30 PM							
3:00 PM	PRACTICE TIME	PRACTICE TIME	PRACTICE TIME	PRACTICE TIME	PRACTICE TIME		
6:30 PM		STRETCH TECHNIQUE Casual Class Allira	BEGINNERS LYRA 8 Week Course Davina	LYRA BASICS Casual Class Mel			
7:30 PM	ADVANCED 3 LYRA 8 Week Course Raelene	BEGINNERS LYRA 8 Week Course Mel	INTERMEDIATE 1 LYRA 8 Week Course Davina	INTERMEDIATE 3 LYRA 8 Week Course Mel			
8:30 PM	INTERMEDIATE 2 LYRA 8 Week Course Raelene	ADVANCED 1 LYRA 8 Week Course Mel		STRETCH TECHNIQUE Casual Class Mel			

COURSES	
8-week course	\$240
Additional 8-week course	\$190 (within the same term)
12-month membership	\$60/fortnight (see reception for details)
PACKAGES *MOST POPULAR*	
	Pole OR Lyra Goals Package \$450 = 2x Courses + Unlimited Practice Time
	The Complete Package \$420 = 1x Course + 8x Casual Classes + Unlimited Practice Time
CASUAL CLASSES	
Introductory offer (new students only)	\$50 for 5 casual classes (valid for 14 Days starting from first visit)
Casual Class	\$30
5 x Class Pass	\$125
10 x Class Pass	\$220
20 x Class Pass	\$400
WORKSHOPS	
All members	\$45/\$50
PRACTICE TIME	
Course Member	\$10 or \$80 for full term
Non-Course Member Price	\$20

WORKSHOPS

VERONICA'S SIGNATURE LYRA W'SHOP

SATURDAY 19TH MAY 11AM-12.30PM with Veronica \$50

ACRO, POLE & SPINS WITH VERONICA

SATURDAY 19TH MAY 12:30-2PM with Veronica \$50

POLE MOVES

SATURDAY 26TH MAY 11AM-12:30PM with Tracey

INVERSION THERAPY

SATURDAY 2ND JUNE 11AM-12:30PM with Emma

POLE TRICKS N' MOVES

SATURDAY 16TH JUNE 11AM-12:30PM with Davina



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